

Northwest Suburban Conference Championships Girls

Coon Rapids May 19 & 21, 2015

TEAM SCORES

1	Blaine	84.0
2	Champlin Park	82.0
3	Elk River	66.8
4	Centennial	66.0
5	Coon Rapids	62.5
6	Irondale	54.0
7	Robbinsdale Armstrong	53.0
8	Anoka	51.7
9	Maple Grove	49.0
10	Andover	44.0
11	SpringLkPk/St Anthony	29.0
12	Totino-Grace	26.0
13	Park Center	21.0
14	Osseo	13.0

100 Meter Dash

Round 1, Heat 1

1	Miatta Flemister-Smith, 11, Champlin Park	12.46q
2	Zaynub Oba, 10, Osseo	13.222
3	Baillie Frizell, 12, Maple Grove	13.35
4	Lauren Marciniak, 12, Blaine	13.64
5	Emma Reinart, 9, Totino-Grace	13.85
6	Paxton Bubboltz, 9, SpringLkPk/St Anthony	13.94
7	Naomi Witherspoon, 11, Park Center	14.44

Round 1, Heat 2

1	Michaela Baker, 10, Robbinsdale Armstrong	12.96q
2	Ellen Jackson, 9, Maple Grove	13.219
3	Esther Stoy, 9, Blaine	13.27
4	Chichi Ogonnaya, 11, Irondale	13.42
5	Olivia Salzwadel, 9, SpringLkPk/St Anthony	13.53
6	Margaret Madsen, 11, Andover	13.90
7	Skye Juneau, 10, Coon Rapids	14.13

Round 1, Heat 3

1	Brielle Clarke, 9, Coon Rapids	12.97q
2	Lauren Moberg, 12, Totino-Grace	13.19q
3	Andrea Gessner, 10, Centennial	13.216q
4	Madison Staggert, 11, Andover	13.52
5	Katie Buhl, 8, Elk River	13.85
6	Andrea Ruddy, 10, Robbinsdale Armstrong	13.94
7	Claire Sandkuhler, 9, Irondale	14.11

Round 1, Heat 4

1	Alyssa Nebo, 12, Blaine	13.08q
2	Georgia Toe, 8, Park Center	13.60
3	Natalie Anderson, 9, Osseo	13.77
4	Ashley Ebeling, 10, Centennial	13.99
5	Sara Rogers, 10, Andover	14.08
6	Richlyne Parker, 9, Anoka	14.10
7	Madysen Olson, 10, Champlin Park	14.25

Round 1, Heat 5

1	Hannah VanEps, 9, Elk River	13.12q
2	Edwina Massaly, 11, Irondale	13.218q
3	Monica Mischke, 12, Centennial	13.47
4	Amelia Tarr, 9, Anoka	13.96
5	Dominique Johnson, 12, Osseo	13.96
6	Oyintarimboere Nagberi, 10, Park Center	14.60
7	Tianna Falconer, 10, Coon Rapids	14.78

Round 1, Heat 6

1	Jayde Warren, 12, Anoka	13.39
2	Lauren Samuel, 8, Champlin Park	13.43
3	Mikayla Whiteford, 8, Maple Grove	13.59
4	Dessie Walter, 10, SpringLkPk/St Anthony	13.97
5	Ava Kramer, 10, Elk River	14.06
6	Megan Fohrt, 9, Totino-Grace	14.38
7	Katherine Sario, 10, Robbinsdale Armstrong	14.42

Final

1	Miatta Flemister-Smith, 11, Champlin Park	12.31
2	Brielle Clarke, 9, Coon Rapids	12.65
3	Alyssa Nebo, 12, Blaine	12.69
4	Michaela Baker, 10, Robbinsdale Armstrong	12.75
5	Hannah VanEps, 9, Elk River	12.87
6	Andrea Gessner, 10, Centennial	12.93
7	Edwina Massaly, 11, Irondale	12.99
8	Lauren Moberg, 12, Totino-Grace	13.17

200 Meter Dash

Round 1, Heat 1

1	Zenitra Lee, 12, Maple Grove	26.69q
2	Charlotte Wolf, 12, SpringLkPk/St Anthony	27.05q
3	Lauren Samuel, 8, Champlin Park	27.62
4	Zaynub Oba, 10, Osseo	28.67
5	Olayinka Salabiu, 10, Totino-Grace	30.06
6	Jessica Crews, 9, Robbinsdale Armstrong	31.03
	Madison Koski, 11, Coon Rapids	DNC

Round 1, Heat 2

1	Allie Stalboerger, 12, Coon Rapids	26.73q
2	Ana Metzmaker, 12, Centennial	27.60
3	Shayne Schoenfelder, 9, Elk River	27.95
4	Jennifer Bobaric, 8, Andover	28.43
5	Yemi Fadairo, 11, Osseo	28.98
6	Katherine Sario, 10, Robbinsdale Armstrong	29.60
7	Guefdyn Joanem, 11, SpringLkPk/St Anthony	30.20

Round 1, Heat 3

1	Katie Marciniak, 12, Blaine	26.85q
2	Carissa Ellison, 10, Anoka	27.10
3	Ashia Akinrolabu, 11, Park Center	27.43
4	Greta Nundahl, 11, Irondale	28.28
5	Olivia Swigart, 8, Elk River	28.39
6	Margaret Madsen, 11, Andover	29.56
7	Achok Deng, 10, Coon Rapids	30.96

Round 1, Heat 4

1	Tanya Horton, 11, Champlin Park	27.07q
2	Kenya Davis, 9, Osseo	27.35
3	Kalli Weibusch, 10, SpringLkPk/St Anthony	27.93
4	Monica Mischke, 12, Centennial	28.12
5	Carly Novack, 10, Anoka	28.50
6	Kelsey Frizell, 11, Maple Grove	29.08
7	Julia Osborne, 9, Robbinsdale Armstrong	29.13

Round 1, Heat 5

1	Elisha Lindsey, 11, Blaine	27.02q
2	Anna Steadland, 9, Andover	27.15
3	Nicole Clark, 10, Centennial	28.06
4	Sena Hanson, 11, Irondale	28.15
5	Emma Reinart, 9, Totino-Grace	28.53
6	Mikayla Whiteford, 8, Maple Grove	28.67
7	Noelle Dyalsingh, 10, Park Center	31.41

Round 1, Heat 6

1	Feyisayo Ayobamidele, 10, Park Center	26.90q
2	Alyssa Nebo, 12, Blaine	26.91q
3	Amelia Tarr, 9, Anoka	28.74
4	Madysen Olson, 10, Champlin Park	29.62
5	Payton Krtinich, 9, Irondale	29.96
6	Jessica Lenard, 12, Totino-Grace	30.42
	Maddie Seifert, 11, Elk River	DNC

Final

1	Alyssa Nebo, 12, Blaine	25.66
2	Allie Stalboerger, 12, Coon Rapids	26.076
3	Tanya Horton, 11, Champlin Park	26.085
4	Katie Marciniak, 12, Blaine	26.16
5	Zenitra Lee, 12, Maple Grove	26.24
6	Feyisayo Ayobamidele, 10, Park Center	26.44

7 Elisha Lindsey, 11, Blaine 26.48
8 Charlotte Wolf, 12, SpringLkPk/St Anthony 26.87

400 Meter Dash

Round 1, Heat 1

1 Feyisayo Ayobamidele, 10, Park Center 59.65q
2 Ajia Neely, 8, Champlin Park 64.27
3 Tachney Ruprecht, 10, Andover 65.03
4 Sidney Waltraff, 8, SpringLkPk/St Anthony 65.29
5 Megan Eid, 11, Robbinsdale Armstrong 66.23
6 Ciara Bailey, 9, Elk River 67.57
7 Juliet Fatunbi, 11, Coon Rapids 68.42

Round 1, Heat 2

1 Lauren Scheidler, 11, Maple Grove 60.91q
2 Charlotte Wolf, 12, SpringLkPk/St Anthony 62.44q
3 Emily Mulberry, 9, Centennial 64.77
4 Mae Barnes, 8, Robbinsdale Armstrong 64.91
5 Alexa Havon, 8, Andover 67.35
6 Casey Isle, 11, Blaine 67.42
7 Anna Mcgrath, 11, Totino-Grace 69.11

Round 1, Heat 3

1 Elisha Lindsey, 11, Blaine 60.99q
2 Ana Metzmaker, 12, Centennial 63.37q
3 Ashley Cordero, 10, Totino-Grace 63.95
4 Michelle Onyekaba, 10, Coon Rapids 67.55
5 Leah Mott-Deanes, 11, Irondale 67.90
6 Yemi Fadairo, 11, Osseo 70.00
7 Gabriella Jung, 12, Elk River 71.87

Round 1, Heat 4

1 Sydney Paulson, 9, Anoka 63.54
2 Michelle Meyer, 10, Irondale 64.63
3 Hanna Stratton, 12, Blaine 64.94
4 Tamera Neely, 10, Champlin Park 65.04
5 Elli Corbin, 10, Maple Grove 67.12
Kelsie Cox, 11, Elk River DNC
Emily Clark, 12, Osseo DQ

Round 1, Heat 5

1 Emily Brandt, 11, Irondale 62.89q
2 Taylor Krone, 9, Anoka 63.66
3 Cassidy Sharp, 12, Maple Grove 65.77
4 Lia Gentilini, 9, Centennial 67.21
5 Morgan Dempsey, 10, SpringLkPk/St Anthony 67.90
6 Lindsey Winter, 9, Robbinsdale Armstrong 75.00
7 Makalia Mayan, 11, Park Center 82.81

Round 1, Heat 6

1 Jadyn Knox, 9, Andover 61.56q
2 Briana Floding, 11, Anoka 63.46q
3 Grace Davis, 12, Champlin Park 65.54
4 Quetelle Davies, 10, Park Center 68.20
5 Megan Foht, 9, Totino-Grace 69.46
6 Haddy Bayo, 9, Coon Rapids 75.20
Mikayla Homola, 10, Osseo DNC

Final

1 Feyisayo Ayobamidele, 10, Park Center 57.7
2 Elisha Lindsey, 11, Blaine 58.4
3 Lauren Scheidler, 11, Maple Grove 60.0
4 Jadyn Knox, 9, Andover 60.1
5 Charlotte Wolf, 12, SpringLkPk/St Anthony 60.2
6 Emily Brandt, 11, Irondale 60.3
7 Briana Floding, 11, Anoka 60.4
8 Ana Metzmaker, 12, Centennial 61.9

800 Meter Run

Round 1, Heat 1

1 Jessica Boespflug, 12, Centennial 2:22.91Q
2 Tara Chapman, 11, Centennial 2:26.10Q
3 Kennedy Warner, 10, Elk River 2:26.71Q

4 Claire Anderson, 12, Maple Grove 2:26.74q
5 Noelle Josephson, 9, Anoka 2:28.73
6 Emily Brown, 10, Blaine 2:28.87
7 Lauren Mickelson, 9, Blaine 2:30.14
8 Claire Bedore, 11, SpringLkPk/St Anthony 2:33.29
9 Grace Koskela, 12, Osseo 2:34.27
10 Sydney Heimer, 9, Champlin Park 2:34.73
11 Alliana Houfek, 10, Osseo 2:37.16
12 Emma Wardour, 9, Andover 2:39.01
13 Becca Beyer, 12, Coon Rapids 2:42.27

Round 1, Heat 2

1 Rachel Ness, 11, Elk River 2:23.44Q
2 Kelsey Sather, 12, Robbinsdale Armstrong 2:23.72Q
3 Isabelle Brezinka, 10, Anoka 2:26.82Q
4 Estee Sieben, 12, Anoka 2:28.98
5 Kaitlyn Anderson, 12, Osseo 2:30.36
6 Chloe Corbin, 7, Maple Grove 2:31.50
7 Katelyn Gasperlin, 9, Totino-Grace 2:33.17
8 Cristina Zuniga, 10, Champlin Park 2:33.53
9 Aubrey Shepard, 11, Blaine 2:34.36
10 Elena Forsline, 11, SpringLkPk/St Anthony 2:37.45
11 Rachel Davis, 10, Coon Rapids 2:39.68
12 Taryn Richard, 7, SpringLkPk/St Anthony 2:43.13
13 Kaleigh McNamer, 8, Park Center 2:44.61
14 Lucia Mesfin, 10, Irondale 2:46.43

Round 1, Heat 3

1 Joli Daninger, 10, Andover 2:22.06Q
2 Diana Glebova, 10, Champlin Park 2:24.90Q
3 Megan Stuart, 12, Robbinsdale Armstrong 2:25.94Q
4 Essyonna Peschong, 9, Centennial 2:26.70q
5 Rachel A. Dorff, 8, Elk River 2:26.71q
6 Dottie Anderson, 10, Robbinsdale Armstrong 2:29.76
7 Lindsey Johnson, 12, Coon Rapids 2:33.25
8 Mary Heinks, 12, Irondale 2:34.93
9 Maria Doku, 9, Irondale 2:36.68
10 Mary Favo, 11, Totino-Grace 2:36.72
11 Elizabeth Reinart, 12, Totino-Grace 2:47.03
12 Rachel Mummah, 8, Park Center 2:57.59
13 Emma Hanson, 8, Park Center 2:59.15
Angela Schulz, 10, Maple Grove DNC

Final

1 Jessica Boespflug, 12, Centennial 2:18.33
2 Joli Daninger, 10, Andover 2:19.93
3 Kelsey Sather, 12, Robbinsdale Armstrong 2:21.49
4 Rachel Ness, 11, Elk River 2:24.35
5 Claire Anderson, 12, Maple Grove 2:24.69
6 Megan Stuart, 12, Robbinsdale Armstrong 2:24.90
7 Essyonna Peschong, 9, Centennial 2:25.79
8 Isabelle Brezinka, 10, Anoka 2:26.285
8 Diana Glebova, 10, Champlin Park 2:26.285
10 Rachel A. Dorff, 8, Elk River 2:26.67
11 Tara Chapman, 11, Centennial 2:28.58
12 Kennedy Warner, 10, Elk River 2:30.09

1600 Meter Run

1 Amy Gasperlin, 12, Totino-Grace 5:22.18 H2
2 Rachel Ness, 11, Elk River 5:25.18 H2
3 Hannah Rudd, 11, Robbinsdale Armstrong 5:26.97 H2
4 Diana Glebova, 10, Champlin Park 5:27.68 H2
5 Jena Hauch, 10, Maple Grove 5:30.61 H2
6 Erin Guse, 11, SpringLkPk/St Anthony 5:31.03 H2
7 Michaela Brands, 11, Totino-Grace 5:31.62 H2
8 Sarah Olson, 8, Blaine 5:33.30 H2
9 Kennedy Warner, 10, Elk River 5:35.84 H2
10 Sarah Anderson, 11, Irondale 5:36.16 H2
11 Katie Breuckman, 11, Andover 5:37.59 H1
12 Marguerite Louiselle, 11, Totino-Grace 5:39.39 H2
13 Madelyn Hvidston, 12, Osseo 5:42.41 H1

14 Becky Green, 11, Centennial	5:42.82 H2
15 Emma Mullen, 11, Irondale	5:43.29 H2
16 Sydney Phillips, 10, Centennial	5:43.68 H1
17 Sarina Lindell, 9, Champlin Park	5:43.73 H1
18 Ava Leneau, 7, Maple Grove	5:45.43 H1
19 Maria Brown, 10, Elk River	5:47.90 H1
20 Jena Wachowiak, 10, Champlin Park	5:48.50 H2
21 Ellen Mickelson, 9, Blaine	5:49.15 H1
22 Elizabeth Mattson, 8, Park Center	5:49.33 H2
23 Elise Weimholt, 12, Coon Rapids	5:51.26 H2
24 Allison Guse, 9, SpringLkPk/St Anthony	5:51.96 H1
25 Leah Rudd, 8, Robbinsdale Armstrong	5:53.64 H2
26 Kaitlyn Benson, 12, Coon Rapids	5:53.68 H1
27 Courtney Ramsay, 12, Centennial	5:55.39 H1
28 Sarone Paulzine, 12, Anoka	5:55.74 H2
29 Sam Haven, 12, Osseo	5:56.13 H1
30 Lindsey Kestelle, 10, Maple Grove	5:56.38 H1
31 Lucia Mesfin, 10, Irondale	5:57.80 H1
32 Noelle Josephson, 9, Anoka	5:58.61 H2
33 Abby Durand, 11, Blaine	6:01.04 H1
34 Kylee Beaver, 11, Park Center	6:04.64 H1
35 Jenn Lipinoga, 10, Park Center	6:08.34 H1
36 Gabrielle Fey, 11, SpringLkPk/St Anthony	6:08.96 H1
37 Hayley Severson, 12, Coon Rapids	6:14.08 H1
38 Ellen Vaillant, 10, Anoka	6:14.51 H1
39 Lauren Janowicz, 9, Andover	6:15.40 H1
40 Joanna Lee, 10, Osseo	6:21.88 H1
Elle Petersen, 10, Robbinsdale Armstrong	DNC H2

3200 Meter Run

1 Sarah Olson, 8, Blaine	11:58.36 H2
2 Erin Guse, 11, SpringLkPk/St Anthony	11:59.24 H2
3 Annika Carr, 8, Elk River	12:05.01 H2
4 Sarah Anderson, 11, Irondale	12:09.01 H2
5 Maria Kalkman, 10, Anoka	12:09.47 H2
6 Elizabeth Mattson, 8, Park Center	12:15.69 H2
7 Ali Manthey, 12, Elk River	12:20.17 H1
8 Kara Andersen, 11, Robbinsdale Armstrong	12:20.77 H2
9 Liz Axberg, 10, Irondale	12:20.81 H2
10 Susan Porter, 12, Coon Rapids	12:23.45 H1
11 Madelyn Hvidston, 12, Osseo	12:24.47 H1
12 Jena Hauch, 10, Maple Grove	12:26.03 H2
13 Jessica Holmquist, 9, Elk River	12:26.39 H1
14 Bryna DelCastillo, 10, Coon Rapids	12:28.48 H1
15 Jena Wachowiak, 10, Champlin Park	12:28.56 H1
16 Alysse Defoe, 10, Andover	12:29.11 H1
17 Anne Meyer, 12, Totino-Grace	12:29.18 H2
18 Hannah Davis, 12, Coon Rapids	12:29.30 H1
19 Sarone Paulzine, 12, Anoka	12:29.36 H1
20 Emma Mullen, 11, Irondale	12:30.38 H1
21 Emily Danzl, 11, Centennial	12:30.70 H1
22 Mary Boston, 11, Totino-Grace	12:30.73 H1
23 Maddie Marino, 8, Maple Grove	12:34.61 H2
24 Christina Bolcer, 7, Maple Grove	12:34.80 H2
25 Sydney Phillips, 10, Centennial	12:36.10 H1
26 Katie Breuckman, 11, Andover	12:38.45 H1
27 Katherine Novak, 12, Champlin Park	12:43.06 H1
28 Leah Rudd, 8, Robbinsdale Armstrong	12:43.52 H1
29 Sarina Lindell, 9, Champlin Park	12:44.46 H2
30 Ellen Mickelson, 9, Blaine	12:47.97 H1
31 Courtney Ramsay, 12, Centennial	12:49.20 H2
32 Maddie Beaver, 8, Park Center	12:50.55 H1
33 Emma Curran, 10, SpringLkPk/St Anthony	12:56.41 H1
34 Annie Steinmetz, 9, Blaine	12:57.96 H1
35 Lucy Anderson, 8, Robbinsdale Armstrong	12:58.21 H1
36 Emma Steffens, 10, Anoka	13:00.90 H1
37 Amber Matzol, 12, Totino-Grace	13:02.36 H1
38 Sam Haven, 12, Osseo	13:12.72 H1

39 Ava Grotting, 9, SpringLkPk/St Anthony	13:13.17 H1
40 Abby Beaver, 10, Park Center	13:16.25 H1
Jane Schmitz, 12, Andover	DNC H1

100 Meter Hurdles

Round 1, Heat 1

1 Julia Hayes, 9, Irondale	15.54q
2 Jessica Tamba, 12, Park Center	16.65q
3 Emily Olson, 10, Champlin Park	16.94
4 Katie Burton, 11, Anoka	17.72
5 Jessica Dexheimer, 11, Elk River	17.75
6 Alfreda Twumasi, 9, Coon Rapids	19.49
7 Guefldyn Joanem, 11, SpringLkPk/St Anthony	20.21

Round 1, Heat 2

1 Awele Nwaokolo, 11, Champlin Park	15.74q
2 Elizabeth Wolf, 11, Centennial	16.96
3 Lauren Ives, 9, Elk River	17.29
4 Alana Mahoney, 11, Blaine	17.94
5 Andrea Duffney, 12, Andover	18.34
6 Josie Jensen, 9, SpringLkPk/St Anthony	19.13
7 Mary Oludayo, 9, Coon Rapids	21.48

Round 1, Heat 3

1 Rachel Studer, 10, Maple Grove	16.01q
2 Hannah Stoebe, 12, Champlin Park	16.70q
3 Grace Baker, 10, Totino-Grace	17.52
4 Ashley Nelson, 12, Centennial	17.96
5 Shantel Bahl, 12, Osseo	18.06
6 Lindsey Mork, 9, SpringLkPk/St Anthony	18.52
7 Jasmine D'Avilar, 11, Robbinsdale Armstrong	19.04

Round 1, Heat 4

1 Kalley Harris, 10, Coon Rapids	16.15q
2 Samantha Jacobson, 10, Blaine	17.24
3 Sharice Jones, 11, Andover	18.59
4 Gabby Bodin, 7, Osseo	18.88
5 Daysha Hoskin, 9, Robbinsdale Armstrong	19.88
6 Vanessa Lassey, 11, Park Center	20.05
7 Brionna Sink, 12, Elk River	26.95

Round 1, Heat 5

1 Alayah Reynolds, 12, Osseo	16.79
2 Julia Hudgens, 12, Centennial	16.87
3 Deanna Curry, 12, Anoka	17.49
4 Eryn Hauch, 10, Maple Grove	18.47
5 Anna Buierance, 9, Totino-Grace	18.63
6 Alicia Okeefe, 10, Irondale	23.46
Maria Schoening, 11, Robbinsdale Armstrong	DNC

Round 1, Heat 6

1 Erin Becker, 9, Andover	16.28q
2 Jenna Johnson, 12, Anoka	16.47q
3 Sarah Skubal, 12, Irondale	17.33
4 Catie Miller, 12, Blaine	17.93
5 Anne Thompson, 11, Totino-Grace	18.27
6 Emma Fink, 11, Maple Grove	18.69
7 Greta Almen, 7, Park Center	22.85

Final

1 Julia Hayes, 9, Irondale	15.03
2 Kalley Harris, 10, Coon Rapids	15.99
3 Rachel Studer, 10, Maple Grove	16.01
4 Jessica Tamba, 12, Park Center	16.40
5 Jenna Johnson, 12, Anoka	16.61
6 Erin Becker, 9, Andover	16.66
7 Hannah Stoebe, 12, Champlin Park	16.89
8 Awele Nwaokolo, 11, Champlin Park	16.91

300 Meter Hurdles

Round 1, Heat 1

1 Julia Hayes, 9, Irondale	48.17q
2 Kelsie Sealock, 8, Osseo	49.21q

3 Deanna Curry, 12, Anoka	51.01
4 Anna Buierance, 9, Totino-Grace	51.98
5 Gabby Loch, 11, Centennial	52.42
6 Anne Bonde, 8, SpringLkPk/St Anthony	55.91
Awele Nwaokolo, 11, Champlin Park	DNC

Round 1, Heat 2

1 Kalley Harris, 10, Coon Rapids	47.37q
2 Anna Kinnan, 11, Totino-Grace	51.06
3 Alayah Reynolds, 12, Osseo	51.93
4 Angel Fredin, 8, Elk River	52.50
5 Alana Mahoney, 11, Blaine	54.80
6 Alicia Okeefe, 10, Irondale	55.72
7 Tegan MacMurdo, 7, Park Center	64.22

Round 1, Heat 3

1 Rachel Studer, 10, Maple Grove	49.77q
2 Emily Ciesynski, 12, Blaine	50.69
3 Shantel Bahl, 12, Osseo	50.95
4 Emily Olson, 10, Champlin Park	52.49
5 Lily Truong, 10, Park Center	54.48
6 Mary Oludayo, 9, Coon Rapids	58.37
Brionna Sink, 12, Elk River	DNC

Round 1, Heat 4

1 Jenna Johnson, 12, Anoka	49.25q
2 Sarah Skubal, 12, Irondale	50.91
3 Sharice Jones, 11, Andover	51.64
4 Bridget Brown, 11, Elk River	52.21
5 Eryn Hauch, 10, Maple Grove	54.67
6 Anne Thompson, 11, Totino-Grace	57.05
7 Daysha Hoskin, 9, Robbinsdale Armstrong	66.85

Round 1, Heat 5

1 Hannah Stoebe, 12, Champlin Park	49.47q
2 Erin Becker, 9, Andover	50.32q
3 Julia Hudgens, 12, Centennial	52.12
4 Catie Miller, 12, Blaine	54.12
5 Alfreda Twumasi, 9, Coon Rapids	56.06
6 Josie Jensen, 9, SpringLkPk/St Anthony	57.99
Maria Schoening, 11, Robbinsdale Armstrong	DNC

Round 1, Heat 6

1 Taylor Finnes, 11, Andover	48.12q
2 Elizabeth Wolf, 11, Centennial	50.46
3 Elle Petersen, 10, Robbinsdale Armstrong	50.68
4 Sedeah Doe, 11, Park Center	51.04
5 Emma Martin, 11, Anoka	52.95
6 Lindsey Mork, 9, SpringLkPk/St Anthony	53.50
7 Emma Fink, 11, Maple Grove	55.18

Final

1 Julia Hayes, 9, Irondale	43.56
Meet record	
Was 45.13; Katie Bestul, 1996	
2 Kalley Harris, 10, Coon Rapids	45.28
3 Rachel Studer, 10, Maple Grove	46.64
4 Kelsie Sealock, 8, Osseo	46.67
5 Taylor Finnes, 11, Andover	46.84
6 Jenna Johnson, 12, Anoka	47.76
7 Hannah Stoebe, 12, Champlin Park	48.65
8 Erin Becker, 9, Andover	49.34

4x100 Meter Relay

1 Champlin Park	49.64 H2
2 Maple Grove	50.09 H2
3 Elk River	51.14 H2
4 Irondale	51.20 H2
5 Coon Rapids	51.23 H2
6 Blaine	51.41 H2
7 SpringLkPk/St Anthony	51.53 H1
8 Andover	51.63 H1
9 Anoka	51.92 H1
10 Totino-Grace	52.07 H2

11 Osseo	52.37 H1
12 Centennial	52.42 H1
13 Robbinsdale Armstrong	52.82 H2
14 Park Center	53.58 H1

800 Meter Relay

1 Champlin Park	1:44.17 H2
2 Blaine	1:45.75 H2
3 Maple Grove	1:47.47 H2
4 Andover	1:47.84 H2
5 Coon Rapids	1:47.98 H1
6 Anoka	1:50.74 H2
7 Totino-Grace	1:51.28 H1
8 Centennial	1:51.80 H1
9 SpringLkPk/St Anthony	1:51.86 H1
10 Elk River	1:52.23 H1
11 Osseo	1:52.76 H2
12 Irondale	1:52.81 H1
13 Robbinsdale Armstrong	1:53.17 H1
Park Center	DNF H2

4x400 Meter Relay

1 Andover	4:06.41 H2
2 Irondale	4:08.27 H2
3 Anoka	4:09.22 H2
4 Centennial	4:10.84 H2
5 Maple Grove	4:11.50 H2
6 Elk River	4:12.72 H1
7 Coon Rapids	4:12.89 H1
8 SpringLkPk/St Anthony	4:16.62 H1
9 Champlin Park	4:20.32 H1
10 Robbinsdale Armstrong	4:20.72 H2
11 Totino-Grace	4:21.36 H2
12 Blaine	4:22.61 H1
13 Osseo	4:24.73 H1
14 Park Center	4:49.18 H1

4x800 Meter Relay

1 Centennial	9:32.60
2 Anoka	9:35.66
3 Robbinsdale Armstrong	9:50.15
4 Irondale	9:50.92
5 Coon Rapids	10:01.34
6 Elk River	10:01.99
7 Blaine	10:07.79
8 Maple Grove	10:12.44
9 Totino-Grace	10:13.45
10 Champlin Park	10:19.22
11 Osseo	10:24.21
12 Andover	10:29.11
13 SpringLkPk/St Anthony	10:43.54
14 Park Center	12:43.89

Long Jump

Round 1, Flight 1

1 Allison Gerads, 10, Champlin Park	17-5 1/4q
2 Michaela Baker, 10, Robbinsdale Armstrong	16-11 1/4q
3 Charlotte Wolf, 12, SpringLkPk/St Anthony	15-11 1/2q
4 Caitlin Ackerman, 9, Coon Rapids	15-4 3/4q
5 Lauren Marciniak, 12, Blaine	15-3 1/4q
6 Miranda Phipps, 11, Anoka	15-2 3/4q
7 Madison Staggert, 11, Andover	15-2 1/4q
8 Megan Zurbay, 10, Totino-Grace	15-2 1/4q
9 Leah Damerow, 10, Irondale	15-1 1/2q
10 Candy Kejleh, 11, Robbinsdale Armstrong	15-1

11 Nicole Clark, 10, Centennial	15-0 1/4
12 Alyssa Nebo, 12, Blaine	15-0
13 Kanessa McClellon, 12, Park Center	14-11 3/4
14 Sarah Bruess, 12, Totino-Grace	14-11 1/2
15 Kyra Webster, 10, Park Center	14-11 1/2
16 Chanel Waters, 11, Osseo	14-11 1/4
17 Nathalie Doer, 10, SpringLkPk/St Anthony	14-11 1/4
18 Elisha Lindsey, 11, Blaine	14-11
19 Stephanie Hanowski, 12, Elk River	14-10 1/2
20 Jadyn Knox, 9, Andover	14-8 1/4
21 Rosie McGinty, 11, Totino-Grace	14-8 1/4
22 Emily Olson, 10, Champlin Park	14-7 3/4
23 Baillie Frizell, 12, Maple Grove	14-7 1/2
24 Megan Buhl, 9, Elk River	14-6 1/2
25 Jayde Warren, 12, Anoka	14-6 1/4
26 Jenae Alderson, 11, Champlin Park	14-4
27 Payton Rubin, 11, Anoka	14-3 1/2
28 Hannah Peterson, 12, Andover	13-10 1/4
29 Mikayla Whiteford, 8, Maple Grove	13-9 1/2
30 Yemi Fadaio, 11, Osseo	13-9
31 Lydia Debuhr, 11, Centennial	13-6 1/2
32 Sedeah Doe, 11, Park Center	13-6 1/2
33 Hanna Sedqi, 10, Robbinsdale Armstrong	13-6
34 Autumn Mlinar, 9, Maple Grove	13-4 1/2
35 Gabby Bodin, 7, Osseo	13-3 3/4
36 Dessie Walter, 10, SpringLkPk/St Anthony	13-2 3/4
37 Cindy Gainyo, 11, Centennial	13-1 1/2
38 Chichi Ogbonnaya, 11, Irondale	12-11 3/4
39 Aracelli Engel, 7, Irondale	12-11 1/4
40 Juliet Fatunbi, 11, Coon Rapids	12-11

Final

1 Allison Gerads, 10, Champlin Park	18-7 1/4
2 Michaela Baker, 10, Robbinsdale Armstrong	17-8 1/4
3 Charlotte Wolf, 12, SpringLkPk/St Anthony	15-11 1/2
4 Madison Staggert, 11, Andover	15-7
5 Caitlin Ackerman, 9, Coon Rapids	15-6 1/2
6 Lauren Marciniak, 12, Blaine	15-3 1/4
7 Miranda Phipps, 11, Anoka	15-2 3/4
8 Megan Zurbay, 10, Totino-Grace	15-2 1/4
9 Leah Damerow, 10, Irondale	15-1 1/2

Triple Jump

Round 1, Flight 1

1 Allison Gerads, 10, Champlin Park	36-10 3/4q
2 Kailyn Canady, 11, Osseo	33-6 3/4q
3 Madison Staggert, 11, Andover	33-2q
4 Theresa Mbonefo, 9, Blaine	33-2q
5 Miranda Phipps, 11, Anoka	32-10 1/4q
6 Awele Nwaokolo, 11, Champlin Park	32-10q
7 Hannah Peterson, 12, Andover	32-8 3/4q
8 Rosie McGinty, 11, Totino-Grace	32-7q
9 Stephanie Hanowski, 12, Elk River	32-5 1/4q
10 Leah Damerow, 10, Irondale	32-4 3/4
11 Sarah Bruess, 12, Totino-Grace	32-3 1/2
12 Chanel Waters, 11, Osseo	31-9
13 Taylor Krone, 9, Anoka	31-7
14 Aracelli Engel, 7, Irondale	31-6 1/4
15 Mindy Froehle, 11, SpringLkPk/St Anthony	31-5 1/2
16 Megan Zurbay, 10, Totino-Grace	31-4
17 Noelle Josephson, 9, Anoka	31-3 3/4
18 Angel Fredin, 8, Elk River	31-3 1/4
19 Kanessa McClellon, 12, Park Center	31-1
20 Achok Deng, 10, Coon Rapids	31-1
21 Megan Buhl, 9, Elk River	31-1
22 Sidney Wallraff, 8, SpringLkPk/St Anthony	30-10 1/4
23 Rachel Davis, 10, Coon Rapids	30-9 3/4
24 Grace Davis, 12, Champlin Park	30-9 3/4
25 Megan Peck, 11, Centennial	30-9 1/4

26 Emma Fink, 11, Maple Grove	30-5 3/4
27 Madison Moehling, 12, Robbinsdale Armstrong	30-4 1/4
28 Autumn Mlinar, 9, Maple Grove	30-1 1/4
29 Chichi Ogbonnaya, 11, Irondale	30-0 1/4
30 Maggie Hughes, 11, Andover	29-9 1/2
31 Rebekah Tyler, 9, Maple Grove	29-6 1/2
32 Hanna Sedqi, 10, Robbinsdale Armstrong	29-6 1/4
33 Maddy Kolflat, 10, Centennial	28-2
34 Hailey Illi, 9, Park Center	27-8 1/4
35 Lauren Marciniak, 12, Blaine	27-7
36 Alex Larson, 11, Centennial	27-1
37 Jordan Walker, 9, SpringLkPk/St Anthony	24-6 1/2
38 Savannah Juetten, 11, Park Center	24-5 3/4
Michaela Baker, 10, Robbinsdale Armstrong	ND
Megan McKenzie, 9, Blaine	ND

Final

1 Allison Gerads, 10, Champlin Park	38-1 3/4
Ties Meet record	
2 Kailyn Canady, 11, Osseo	34-1 1/4
3 Awele Nwaokolo, 11, Champlin Park	33-8 3/4
4 Theresa Mbonefo, 9, Blaine	33-7 1/4
5 Rosie McGinty, 11, Totino-Grace	33-5 1/2
6 Stephanie Hanowski, 12, Elk River	33-3 3/4
7 Madison Staggert, 11, Andover	33-2
8 Miranda Phipps, 11, Anoka	32-10 1/4
9 Hannah Peterson, 12, Andover	32-8 3/4

Shot Put

Round 1, Flight 1

1 Skye Juneau, 10, Coon Rapids	30-5 3/4
2 Olivia Anzior, 10, Centennial	30-1
3 Ellanne Matthews, 11, SpringLkPk/St Anthony	29-8 1/2
4 Victoria Make, 9, Coon Rapids	29-8 1/4
5 Dannietoe Page, 10, SpringLkPk/St Anthony	25-5
6 Yasmine Wortham, 9, Osseo	23-11 1/2
7 Katie LaLiberte, 12, Osseo	23-1
8 Jayme Haulton, 10, Maple Grove	21-4 3/4

Round 1, Flight 2

1 Tessa Skubal, 10, Irondale	34-1 3/4
2 Jalyiah Taylor, 10, Anoka	33-6
3 Brianna Pearson, 10, Irondale	33-4 1/4
4 Claudia Afamefune, 10, Champlin Park	31-8 1/2
5 Ijeoma Okonkwo, 10, Park Center	31-6 1/4
6 Gabby Eisfelder, 12, Totino-Grace	31-0 1/2
7 Val Vinokur, 11, Maple Grove	30-4
8 Anna Hanson, 10, Robbinsdale Armstrong	28-3 3/4

Round 1, Flight 3

1 Natalie McGrath, 12, Blaine	34-1 3/4
2 Devin Vanseth, 11, Coon Rapids	33-9 1/4
3 Macy Eide, 9, Andover	33-6 1/4
4 Marvelous Ngongang, 10, Centennial	33-4
5 Meredith Minton, 10, Andover	33-3 1/2
6 Bariture Idee-Igboh, 12, Osseo	32-11 3/4
7 Heather MacMurdo, 11, Park Center	32-9 1/4
8 Katy Loes, 11, SpringLkPk/St Anthony	30-3 3/4

Round 1, Flight 4

1 Abbi Scheid, 11, Elk River	35-1 1/2q
2 Kaylea Hoenigschmidt, 12, Anoka	35-0
3 Oyinkonsola Adegeye, 12, Champlin Park	34-7 3/4
4 Erica Oawster, 12, Centennial	34-4 3/4
5 Claire Baker, 12, Totino-Grace	33-11 1/4
6 Andrea Bland, 12, Irondale	33-6 1/2
7 Sam Comeau, 10, Maple Grove	32-3 1/2
Abena Oduro, 12, Blaine	ND

Round 1, Flight 5

1 ShaRon Miller, 12, Blaine	43-7 1/4q
Meet record	
Was 43-1; Tracy Curtis, 1997	

2	Alexandrea Hurst, 10, Robbinsdale Armstrong	40-10q
3	Sidney Wentland, 10, Elk River	39-0q
4	Gabi Haack, 10, Elk River	38-0 1/4q
5	Cassandra Lueck, 11, Anoka	37-4 1/2q
6	Ashmera Patterson, 10, Robbinsdale Armstrong	37-3q
7	Samantha Anderson, 11, Champlin Park	36-3 1/4q
8	Kassi Hofschild, 12, Andover	35-4 1/4q
	Kaitlin Murray, 11, Totino-Grace	ND

Final

1	ShaRon Miller, 12, Blaine	43-10 3/4
	Meet record	
2	Alexandrea Hurst, 10, Robbinsdale Armstrong	40-10
3	Sidney Wentland, 10, Elk River	39-0
4	Gabi Haack, 10, Elk River	38-0 1/4
5	Ashmera Patterson, 10, Robbinsdale Armstrong	37-11
6	Cassandra Lueck, 11, Anoka	37-4 1/2
7	Samantha Anderson, 11, Champlin Park	37-1 1/2
8	Abbi Scheid, 11, Elk River	36-5 3/4
9	Kassi Hofschild, 12, Andover	36-4 3/4

Discus Throw

Round 1, Flight 1

1	Claudia Afamefune, 10, Champlin Park	88-10
2	Abbi Scheid, 11, Elk River	86-6
3	Arial Aarness, 12, Andover	83-3
4	Kelsey Mitchell, 10, SpringLkPk/St Anthony	75-9
5	Brianna Pearson, 10, Irondale	71-5
6	Kristina Turnquist, 10, SpringLkPk/St Anthony	67-10
7	Yasmine Wortham, 9, Osseo	63-6
8	Jayne Haulton, 10, Maple Grove	61-2 1/2
9	Lacee Walters, 12, Osseo	60-1

Round 1, Flight 2

1	Ellanne Matthews, 11, SpringLkPk/St Anthony	107-2q
2	Claire Olson, 10, Centennial	94-7
3	Sam Comeau, 10, Maple Grove	90-9
4	Tessa Skubal, 10, Irondale	90-4
5	Mackenzie Aurelius, 10, Coon Rapids	89-6
6	Sarah Dischinger, 12, Coon Rapids	80-5
7	Terra Lieser, 9, Anoka	79-10
8	Gabi Haack, 10, Elk River	78-10

Round 1, Flight 3

1	Bariture Idee-Igboh, 12, Osseo	96-6
2	Val Vinokur, 11, Maple Grove	93-0
3	Heather MacMurdo, 11, Park Center	92-5
4	Marvelous Ngongang, 10, Centennial	90-8
5	Anna Hanson, 10, Robbinsdale Armstrong	86-5

Round 1, Flight 4

1	Claire Baker, 12, Totino-Grace	102-9q
2	Andrea Bland, 12, Irondale	102-8q
3	Oyinkonsola Adegeye, 12, Champlin Park	99-10q
4	Abena Oduro, 12, Blaine	92-8
5	Kassi Hofschild, 12, Andover	90-8
6	Kaylea Hoenigschmidt, 12, Anoka	88-1
7	Devin Vanseth, 11, Coon Rapids	81-11
8	Gabby Eisfelder, 12, Totino-Grace	75-8
9	Kaitlin Murray, 11, Totino-Grace	75-5

Round 1, Flight 5

1	Erica Oawster, 12, Centennial	127-5q
2	Jaclyn Kingman, 12, Blaine	126-9q
3	Alexandrea Hurst, 10, Robbinsdale Armstrong	125-4q
4	Samantha Anderson, 11, Champlin Park	118-7q
5	Sidney Wentland, 10, Elk River	106-3q
6	Meredith Minton, 10, Andover	94-9
7	Ashmera Patterson, 10, Robbinsdale Armstrong	88-9
	ShaRon Miller, 12, Blaine	ND

Final

1	Erica Oawster, 12, Centennial	127-5
2	Jaclyn Kingman, 12, Blaine	126-9

3	Alexandrea Hurst, 10, Robbinsdale Armstrong	125-4
4	Samantha Anderson, 11, Champlin Park	118-7
5	Sidney Wentland, 10, Elk River	113-9
6	Ellanne Matthews, 11, SpringLkPk/St Anthony	107-2
7	Andrea Bland, 12, Irondale	105-5
8	Claire Baker, 12, Totino-Grace	102-9
9	Oyinkonsola Adegeye, 12, Champlin Park	99-10

High Jump

1	Miranda Phipps, 11, Anoka	5-3
2	Taylor Metz, 12, Centennial	5-2
3	Brielle Clarke, 9, Coon Rapids	5-0
4	Meg Andersen, 12, Totino-Grace	5-0
5	Emily Brandt, 11, Irondale	4-10
6	Kelsey Jonason, 12, Champlin Park	4-10
6	Alaina Schoenfelder, 7, Elk River	4-10
8	Denaya Gross, 11, Anoka	4-8
8	Mariah Hagerty, 12, Anoka	4-8
8	Ava Grimm, 8, Elk River	4-8
11	Julia Hayes, 9, Irondale	4-8
12	Caitlin Ackerman, 9, Coon Rapids	4-8
13	Andrea Duffney, 12, Andover	4-8
13	Elizabeth Wolf, 11, Centennial	4-8
15	Taylor Finnes, 11, Andover	4-8
15	Brianna Clarke, 11, Coon Rapids	4-8
17	Gabby Loch, 11, Centennial	4-6
18	Sedeah Doe, 11, Park Center	4-6
19	Elle Petersen, 10, Robbinsdale Armstrong	4-6
20	Jenae Alderson, 11, Champlin Park	4-4
20	Brooke Johnson, 12, Elk River	4-4
22	Hannah Peterson, 12, Andover	4-4
22	Annie Sheeldo, 10, SpringLkPk/St Anthony	4-4
24	Theresa Mbonefo, 9, Blaine	4-2
24	Daysha Hoskin, 9, Robbinsdale Armstrong	4-2
24	Naomi Witherspoon, 11, Park Center	4-2
24	Maren Strootman, 11, Osseo	4-2
24	Grace Davis, 12, Champlin Park	4-2
24	Chyanna Hofer, 11, Robbinsdale Armstrong	4-2
24	Sarah Skubal, 12, Irondale	4-2
24	Gabby Bodin, 7, Osseo	4-2
24	Hope Northagen, 8, Maple Grove	4-2
24	Emma Moore, 8, Maple Grove	4-2
24	Molly Caven, 11, Maple Grove	4-2
24	Dominique Johnson, 12, Osseo	4-2
36	Lauren Trempe, 9, Blaine	4-2
36	Hannah Kil, 10, Park Center	4-2
38	Taylor O'Connor, 10, Totino-Grace	4-2
	Anne Bonde, 8, SpringLkPk/St Anthony	NH
	Anne Bonde, 8, SpringLkPk/St Anthony	NH
	Kyla Aamodt, 10, Blaine	NH

Pole Vault

1	Andrea Gessner, 10, Centennial	10-3
2	Marissa Van Tassel, 11, Elk River	9-9
3	Lydia Debuhr, 11, Centennial	9-9
4	Estee Sieben, 12, Anoka	9-0
4	Alyssa Baron, 10, Coon Rapids	9-0
6	Courtney Schnur, 11, Blaine	8-6
7	Lexie Hanneman, 11, Coon Rapids	8-6
8	Nathalie Doer, 10, SpringLkPk/St Anthony	8-6
9	Amber Westlund, 12, Champlin Park	8-0
9	Nkem Orjinta, 11, Park Center	8-0
9	Maddie Haas, 9, Coon Rapids	8-0
9	Darien Lindsay, 12, Anoka	8-0
9	Hannah Wiste, 9, Irondale	8-0
14	Nichole Peterson, 11, Blaine	8-0
14	Ellie Rankin, 11, Andover	8-0

16 Rachel L. Dorff, 10, Elk River	8-0	
17 Hannah Farrell, 9, Park Center	8-0	
18 Jenna Rowles, 11, Robbinsdale Armstrong		8-0
19 Marley Cox, 9, Blaine	7-6	
19 Katrina Bauers, 9, Champlin Park		7-6
21 Katie VanCamp, 12, Elk River	7-6	
22 Rae Johanness, 10, SpringLkPk/St Anthony		7-6
22 Olivia Hanzak, 10, Robbinsdale Armstrong		7-6
24 Alyssa Mitchell, 12, Andover	7-6	
25 Mykayla Byrnes, 10, Champlin Park		6-6
25 Madison Dorn, 9, Centennial	6-6	
25 Stephanie Maresh, 12, Anoka	6-6	
25 Hailey Illi, 9, Park Center	6-6	
25 Lisa Pahr, 10, Andover	6-6	
25 Andrea Ruddy, 10, Robbinsdale Armstrong		6-6
25 Christina Heroux, 9, Maple Grove	6-6	
25 Jenna Benson, 9, Maple Grove	6-6	
25 Grace Lokken, 9, Maple Grove	6-6	
25 Lily Hamel, 10, Osseo	6-6	
35 Kaylee Omland, 10, Osseo	6-6	
Megan Zastrow, 9, Irondale	NH	
Megan Zastrow, 9, Irondale	NH	
Samantha Dahl, 9, Osseo	NH	
Anna Schroeder, 9, Irondale	NH	